



Patient Resource Guide

Primary Care Physician: _____

Phone Number: _____

Welcome to Physicians Medical Group of Santa Cruz (PMG). We know your time is precious so you'll find a streamlined list of resources within these pages. Above all, we'd like these two things to stick with you:

1

If you have any questions, call 831.465.7800 to speak with a Patient Care Coordinator. They are right here in Scotts Valley and they have worked at PMG for years, even decades.

2

There are three "levels" of care:

Level 1: Primary Care Physician (PCP) – Your PCP is your team leader for most of your healthcare needs. Call them if you have questions.

Level 2: Urgent Care and After Hours is for sprains, strains, and when your PCP is not available.

Level 3: The Emergency Department – If the illness or injury is immediately life-threatening—for instance, loss of consciousness, chest pain, extensive bleeding—call 911. Go directly to the hospital Emergency Room (ER) only if the patient is stable enough to be transported safely.



Local. Local. Local.

With hundreds of local physicians, over 40 specialties, and 100 locations throughout Santa Cruz County, we have a lot to offer the people who live in our communities. Follow us on Facebook to find out what's new!

PMG Events

Pull out your calendar because each year we host a variety of local events. Most events include free screenings, health education presentations, and exhibits. Each event is advertised in a variety of ways so get ready to mark your calendar when the dates are announced.

Workplace Wellness Forum

(Spring)

Women's Health Event

(Spring)

mysantacruzdoctor.org

Mammogram & Massages

(October)

Senior Health Event

(November)



Lisa McGrath, Community Liaison

PMG Workplace Wellness Program

Did you know that in 2016, the PMG WorkplaceWellness Program offered complimentary on-site health and wellness services to over 20,000 locals at their place of work? Contact, Lisa McGrath, PMG Community Liaison, at **831.465.7835** or email lmcgrath@pmgsc.com, for more information.

Quando se tiene un Médico General o de Atención Primaria

- 1 Haga una cita con su médico general (PCP)
- 2 Antes de la cita, hable con su médico sobre la transferencia de sus archivos médicos.
- 3 Hable con su médico general sobre remisiones o referencias con especialistas y terapeutas. *(Usted puede ir directamente a servicios de Ginecología y Obstetricia sin necesidad de una remisión)*

Quando tenga Dudas o Preguntas

- Hable con los coordinadores locales de atención a pacientes de PMG sobre facturas, remisiones y copagos al **831.465.7800**.
- Llame a su médico. Ellos estarán muy felices de poderle ayudar.

Los Coordinadores de Atención a Pacientes de PMG



Partners Include:

Dominican Hospital

**Watsonville
Community Hospital**

Capitola Surgery Center

**Central Coast
Endoscopy Center**

**Central Coast
Surgery Center**

Cypress Surgery Center

**Santa Cruz
Endoscopy Center**

**Santa Cruz
Surgery Center**

*Contact PMG for
a complete list.*



T: 831.465.7800
F: 831.464.7044
100 Enterprise Way, Suite C110
Scotts Valley, CA 95066

pmsgcc.com



Hospitals, Labs & Radiology Centers

Dominican Breast Center

1661 Soquel Drive, Suite G, Santa Cruz
T: 831.476.7711

Dominican MRI Unit

1545 Soquel Drive, Santa Cruz
T: 831.476.5167

Dominican Radiology Department

1555 Soquel Drive, Santa Cruz
T: 831.462.7700

Radiology Medical Group of Santa Cruz

1661 Soquel Drive, Suite G, Santa Cruz
T: 831.476.7711

Santa Cruz Comprehensive Imaging

1685-B Commercial Way, Santa Cruz
T: 831.476.7711

South County Imaging

108 Green Valley Road, Suite B, Freedom
T: 831.476.7711

Watsonville Community Hospital

75 Nielson Street, Watsonville
T: 831.761.5600

Labs: Quest Diagnostics

528 Capitola Avenue, Capitola
T: 831.479.9930

1595 Soquel Drive, Ste 100, Santa Cruz
T: 831.462.6671

550 Water Street, Ste A, Santa Cruz
T: 831.425.7805

2980 El Rancho Drive, Scotts Valley
T: 831.438.5484

212 Green Valley Road, Watsonville
T: 831.728.0808

Tear here. ✂



*Tear this page out and
keep on your fridge!*

Urgent Care*

CAPITOLA

**Dignity Health Medical Group
Urgent Care**
1820 41st Avenue, Suite C,
Capitola
T: 831.684.7611
Open Every Day from 12pm-8pm

WATSONVILLE

Pinnacle HealthCare
99 Airport Boulevard, Freedom
T: 831.728.1199
Monday-Friday 8am-6pm
Saturday 9am-3pm

After Hours Clinics*

WESTSIDE SANTA CRUZ

**Dignity Health Medical
Group - Dominican**
2018 Mission Street, Santa Cruz
T: 831.706.2220
Weekends 10am-3pm

SCOTTS VALLEY

Scotts Valley Medical Clinic
2980 El Rancho Drive, Scotts Valley
T: 831.438.1430
Saturday 8am-12pm

Emergency Services*

**Call 9-1-1. Go directly to the emergency room only if
the person is stable enough to be transported safely.**

SANTA CRUZ

**Dominican Hospital
Emergency Room**
1555 Soquel Drive, Santa Cruz
T: 831.462.7700

WATSONVILLE

**Watsonville Community Hospital
Emergency Room**
75 Nielson Street, Watsonville
T: 831.724.4741

**X-rays and other radiology
services available.*

Visit pmsgcc.com for current
hours and locations.